

Some of the Crystals Available



Amazonite Healing & Soothing

Amazonite is a stone to help 'see' a situation from all angles, removing judgement and fear. Working with the throat chakra, amazonite can encourage positive communication and provide support for self expression. Amazonite creates a sense of calm and trust within you and you will soon feel the positive energy flow and you can move throughout life's challenges with comfort and ease. Allowing you to feel safe to express yourself, you will find speaking your truth as simple as breathing.

Bluish-green variety of microcline feldspar |
ORIGIN: Russia, Peru



Amethyst Meditation & Spirituality

Amethyst is a calming and soothing crystal, working on the emotional, physical and spiritual planes to promote calmness, balance and peace. Helping you to 'switch off' negative and disruptive thought patterns, this stone can aid meditation practices and support deep restful sleep. By opening and activating the crown and third eye chakras amethyst can enhance intuitive and psychic powers, connecting you on a deeper level with your spirituality.

Purple variety of the quartz mineral species |
ORIGIN: Brazil, Madagascar



Aquamarine Courage & Tolerance

Go-with-the-flow with Aquamarine. The gentle vibrations of this stone teaches us patience and how to adapt, tolerance and how to be less judgemental and to be open to learn and listen to others. Working with the water element of our body, aquamarine soothes intense and fiery energy with cool and calming energy. Connecting to the throat chakra, this stone can help regulate the flow of communication, inspiring courage to speak up or the strength to be silent.

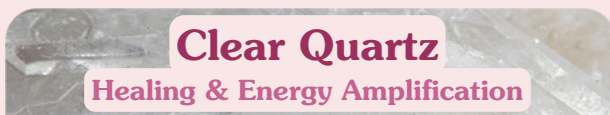
Blue-green variety of beryl | ORIGIN: India, Brazil, Pakistan



Carnelian Creativity & Motivation

Carnelian is a stone of inspiration which helps to boost your creative energies & bring out undiscovered talents. A stabilising stone with high energy, it is believed to restore vitality and increase motivation. Carnelian is associated with the sacral and root chakras and brings an emotional warmth and a deeper connection with nature. This warm stone gives you the courage to promote positive life choices and the motivation you need to achieve success in business and other pursuits.

Orange to redish-brown variety of chalcedony |
ORIGIN: India, Brazil



Clear Quartz Healing & Energy Amplification

Known as the 'master healer', clear quartz is the most powerful healing and energy amplifying crystal. This stone balances the chakras, cleanses the aura, absorbs, stores, releases and regulates energy and facilitates in releasing any energy blockages. Clear quartz is a rockstar among crystals as it is believed to manifest your intentions & illuminate the spirit. Use quartz to cleanse, dispel negative energy and allow pure energy to manifest.

Colourless crystalline quartz is the purest form of quartz | ORIGIN: Worldwide



Garnet Grounding & Focus

Garnet stimulates the life-force energy within the physical body giving you a rebirth of enthusiasm, encouragement and motivation. Alongside this pick-me-up garnet keeps you grounded and focussed in the present moment helping you when studying or learning new skills and ideas. A stone of love and passion, garnet can help reconnect two hearts that have lost their spark and help you to take positive action to retain friendship and emotional connection.

Almandine is a redish-brown species of the garnet group | ORIGIN: India



Green Aventurine

Luck & Love

Green Aventurine is known as the "Stone of Opportunity". Thought to be one of the luckiest crystals it is used for manifesting prosperity and wealth. This stone is a powerful crystal for healing and protecting the heart, harmonising emotions and reinstating self-love. Green Aventurine can help release old patterns, habits and disappointments so new growth can take place. This stone brings optimism and a zest for life, allowing one to move forward with confidence, embracing change.

Quartzite containing green fuchsite | **ORIGIN:** India, Brazil, China



Hematite

Calming & Grounding

Hematite is known as the 'stone of the mind' as it brings a calming energy during times of stress and worry. An excellent grounding stone, hematite works with the base chakra bringing you a sense of balance and stability, keeping you 'in the present moment'. The protective qualities of this stone creates a safe space and positive mindset by absorbing negative thoughts and feelings. This stone transforms negative energies into positive uplifting vibrations that inspire happiness.

Iron oxide and important ore of iron | **ORIGIN:** Australia, China



Labradorite

Trust & Protection

Labradorite is a highly mystical and protective crystal also known as the 'bringer of light'. This stone forms a protective barrier, deflecting negativity and unwanted energies from the aura and your home. Raising your consciousness and connecting you to universal energies, labradorite stimulates intuition, enhances psychic abilities and aids your spiritual journey. Strengthening your ability to trust this stone allows the imagination and creativity to flow without inhibition.

Variety of feldspar showing labradorescence | **ORIGIN:** Madagascar, Finland



Lapis Lazuli

Peace & Truth

Lapis Lazuli is a wonderful gemstone to meditate with and is believed to assist in our journey of self-discovery & self-mastery. Lapis activates the third eye and balances the throat chakra, stimulating psychic abilities and enhancing dream work. Lapis is a powerful crystal for activating the higher mind, enhancing intellectual ability and stimulates a desire for knowledge. By revealing inner truths this stone encourages self-awareness and allows self-expression without doubt or fear.

Rock containing lazurite, calcite, Pyrite | **ORIGIN:** Afghanistan, Russia, Chile



Mookaite

Energising & Passion

Energising mookaite increases the energy flow through the lower chakras to provide grounding, passion and willpower. This burst of motivation forces us in the right direction, sparking our intuition along a path to fulfillment. Keep this Australian mineral close whilst traveling or away from home to keep your roots connected. If you're feeling lost or lacking direction, use mookaite to reawaken your spirit and give you the inspiration and courage to take control of your life.

Reddish-brown to yellowish white variety of jasper. | **ORIGIN:** Australia



Black Onyx

Grounding & Courage

An excellent grounding and protective stone, black onyx also brings about an emotional, physical and intellectual balance, supporting you and allowing you to let go of unwanted fears, anxieties and release negative thoughts and feelings. Onyx is also said help you to overcome negativity and bitterness or the heart, healing the source of anger, inviting love and giving you the courage to start a new journey, making it useful for any kind of emotional trauma.

Black variety of chalcedony | **ORIGIN:** India



Rose Quartz

Love & Kindness

Rose quartz is the stone of unconditional love and infinite peace, promoting kindness and compassion. It is the most important crystal for the heart and the heart chakra as it teaches the true essence of love whilst bringing deep emotional healing to allow an acceptance of love for yourself and others to flourish. Rose quartz opens and purifies the heart chakra allowing loving energy to flow freely without restriction or fear.

Pink variety of the quartz mineral species |
ORIGIN: Brazil, Madagascar, India



Turquoise

Communication & Calming

A soothing stone, turquoise calms and relieves stress and anxiety bringing you back to a state of peace and tranquility. Easing fiery emotions and supporting calm, kind and productive communication, this stone can ease reactivity and create a space for safe emotional expression. Keep turquoise close to teach patience, facilitate awareness and encourage peace in relationships. Release any negative thoughts before bed with the support of this stone to encourage deep restful sleep.

Blue coloured howlite or magnesite |
ORIGIN: USA, China